

Unleashing the Potential for Powerful Business Results



Interview with:
Pat Weger and Donna Stoneham,
Co-Founders, Integral Intelligence®

Many leaders do not realize they have an untapped reservoir of intelligence that, when developed, can yield powerful results, say Pat Weger and Donna Stoneham, Co-Founders of **Integral Intelligence**. Using an integral approach in **leadership development**, leaders can use their full capabilities to bring out the best in themselves and unleash the potential in their teams and organizations.

Integral Intelligence is a solution provider at the upcoming **marcus evans Corporate Learning & Talent Development Summit 2012**, in Braselton, Georgia, April 22-24.

What is Integral Intelligence®?

Donna Stoneham: When it comes to business, we have tended to believe

that being smart is sufficient to produce sustained, exceptional performance. More recently in leadership theory, Daniel Goleman's work in emotional intelligence (EQ) demonstrates EQ is just as important as IQ when it comes to exceptional leadership. But cognitive and emotional intelligence are still not enough for leaders to create exceptional business results through their people. Three other dimensions of intelligence must be brought into play: somatic - wisdom of the body; relational - wisdom of engagement; and spiritual - wisdom of connection.

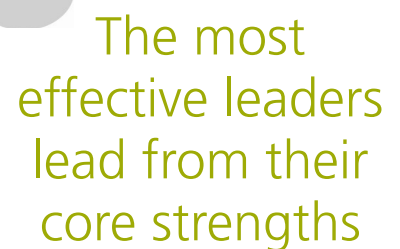
Pat Weger: For example, when a leader taps into somatic intelligence, it is transformational. Using the intelligence of the body to notice how behavioral patterns are triggered is powerful information. Most leaders do not take this into consideration, but when they develop this awareness, they appreciate the difference it makes in how they manage their emotions and relate to others. One leader found that a focus on his body helped him learn to bring his team along with him, rather than riding roughshod over their input and coming to the answers himself. He described his body trigger as, "feeling his blood rush" and came to know that when this began to happen he needed to slow down and focus on his team.

When leaders are able to balance all dimensions of Integral Intelligence, what qualities are they able to develop?

Donna Stoneham: When leaders release the unrealized potential of Integral Intelligence, a whole new arena of capability opens for them and their teams. Leaders become more authentic and present, developing trust, unleashing creativity, and cultivating a climate of innovation. They also develop resilience that helps them bounce back faster in the face of rapid change and escalating work demands.

Pat Weger: Leaders demonstrate greater courage and vision, helping them lead their organizations further and faster.

They are able to ask powerful, generative questions that bring out the best thinking from everyone. They become integral leaders with deep self insight, capable of using all dimensions of intelligence to inform how they respond in every moment and interaction.



The most
effective leaders
lead from their
core strengths

Why is it important for leaders to develop deep levels of self-insight?

Pat Weger: Once leaders recognize their patterns and habitual ways of responding, they are able to choose more appropriate responses in any given situation. We call this self-correcting behavior. Deep self-insight allows them to match their intentions to attaining the best possible results for the business.

Donna Stoneham: The more self-aware we are, the more effective we are in our interactions.

This channels all of the energy in a positive direction for the business, resulting in a corporate culture where people contribute their best and thrive.

The **HR Network - marcus evans Summits group** delivers peer-to-peer information on strategic matters, professional trends and breakthrough innovations.



Please note that the Summit is a closed business event and the number of participants strictly limited.

About the Corporate Learning & Talent Development Summit 2012

This unique forum will take place at the Château Élan Winery & Resort, Braselton, Georgia, April 22-24, 2012. Offering much more than any conference, exhibition or trade show, this exclusive meeting will bring together esteemed industry thought leaders and solution providers to a highly focused and interactive networking event. The Summit includes presentations on multi-dimensional ways in delivering business results, e-learning and succession planning.

www.cltdsummit.com

Contact

Sarin Kouyoumdjian-Gurunlian, Press Manager, **marcus evans**, Summits Division

Tel: + 357 22 849 313

Email: press@marcusevanscy.com

For more information please send an email to info@marcusevanscy.com

All rights reserved. The above content may be republished or reproduced. Kindly inform us by sending an email to press@marcusevanscy.com

About marcus evans Summits

marcus evans Summits are high level business forums for the world's leading decision-makers to meet, learn and discuss strategies and solutions. Held at exclusive locations around the world, these events provide attendees with a unique opportunity to individually tailor their schedules of keynote presentations, think tanks, seminars and one-on-one business meetings.

For more information, please visit: www.marcusevans.com

About Integral Intelligence®

Integral Intelligence® is a transformational approach to executive coaching and leadership development that unleashes the best in leaders and their teams. We create powerful, sustainable business results by helping leaders bridge the gap between what they do and how they do it. Using all the dimensions of Integral Intelligence significantly expands the capacity and capability of leaders and their organizations.

www.integraliq.com

Upcoming Events

Corporate Benefits Summit 2012 - www.corporatebenefitssummit.com

HR Summit 2012 (Australia and New Zealand) - www.hranzsummit.com

HR Summit 2012 (North America) - www.humanresourceessummit.com

To view the web version, please click here: www.cltdsummit.com/PatWegerDonnaStoneham